

Young Athlete Cardiac Screening

For Ages 16 - 35

It is always tragic when a young athlete dies during physical training or sports participation.

The heartrending sense of loss can sometimes be compounded when the cause of death is discovered to be a cardiac condition that could have been diagnosed earlier.

Cardiovascular conditions are the leading causes of non-traumatic, exercise-induced deaths. These are usually due to hypertrophic cardiomyopathy (a condition in which the heart muscle thickens, making it harder for blood to leave the heart) and non-atherosclerotic coronary arteries anomalies.

Medical Clearance

If you or your loved ones are preparing to undergo physical training or participate in sports, it is important to find out the risks for sudden cardiac death, and also to seek medical clearance from your doctor before embarking on any exercise regime.

With foreknowledge of the risks, preventive measures or necessary treatments can be initiated to reduce mortality.

Cardiac Screening Package

Cardiac screening for young athletes is available at Raffles Heart Centre at a package price of SGD 500.76*. The screening includes a consultation and review with a Cardiologist, blood tests, electrocardiogram and 2D echocardiogram.

** Price includes GST*

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